



THE i-CARE FOUNDATION
Adding Value to Philanthropy



i-Care News

January 2017

CHAIRMAN'S MESSAGE

I am pleased to announce that **i-Care** has launched **The i-Care Professional Education Fund** in partnership with the Professional Education Foundation. This professional education fund will help hundreds of deserving students in pursuing higher education regardless of the availability of finances. The selection process is transparent and purely based on the merits of the needy students. To facilitate the process, we have signed agreements with over 30 universities in Pakistan. We hope this will help create more doctors, engineers, agriculturists – which are the need of the hour for Pakistan. We applaud our partners for supporting remarkable initiatives all over Pakistan.

The i-Care Foundation aims to leave a solid footprint creating social benefits, working for the greater good and creating positive social impact on the communities we live and work in. This newsletter highlights our achievements in the past 2 years through our steadfast work in our impact areas; **healthcare, education & training, entrepreneurship and social safety nets.**

Finally, I must acknowledge the efforts of the management of i-Care and the management of our partner organizations. They are implementing robust initiatives that are making a difference in the lives of the underprivileged people of Pakistan. We hope to see these initiatives flourish.

Farrokh K. Captain
Chairman

i-Care's Social Impact



The i-Care Foundation creates enormous social benefits for the communities around Pakistan. We continuously work to increase our social impact footprint in four key sectors namely **Education & Training, Healthcare, Social Safety Nets, and Entrepreneurship**. This we do through our partner charities.

Let's take a look at how far we've come...

Highlights:

2009	2016
10 charities	Over 80 charities
50,000 beneficiaries	1.2 million beneficiaries
PKR 10 million	PKR 1.3 billion
Focus on health	Focus on Health, Education & Training, Entrepreneurship and Social Safety Nets

In 2015-16, **The i-Care Foundation** disbursed **PKR 483,452,692** benefiting **283,840** people nationwide.

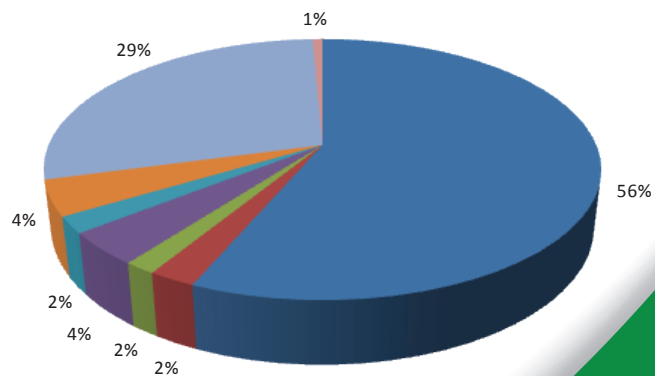


Healthcare

In healthcare, the total amount disbursed was **PKR 243,428,139** from **2014 to 2016**. This impacted the lives of **255,805** beneficiaries all over Pakistan. The recipients benefited from innovation in new technologies and treatments to improvements in community health and emergency healthcare. A percentage breakup of the donations in **2015-16** is as follows:

% Breakup of Donations for Healthcare

- 56% Emergency Care
- 2% Arthritis & Community Health
- 2% Cancer
- 4% Blood Disorder
- 2% Mental Health
- 4% Blindness Prevention
- 29% Mother and Child Health
- 1% Urology



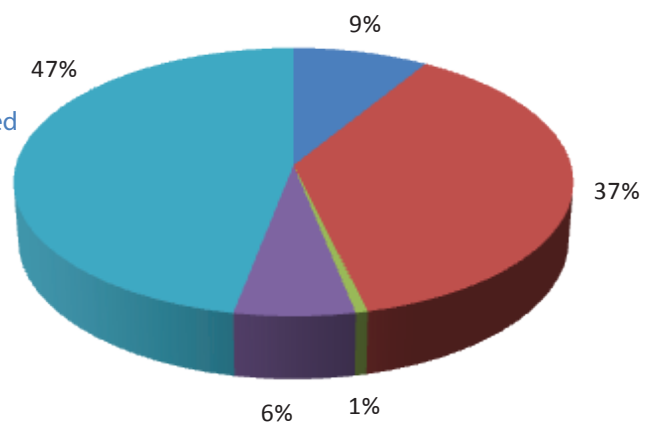
Education & Training

A total amount of **PKR 186,620,260** was disbursed for **education and training** from **2014 to 2016**. The total number of beneficiaries benefitting from this amount was **21,767** all over Pakistan. These beneficiaries were directly or indirectly positively impacted. This was done through professional education and vocational skills training, student and teacher scholarships or construction of new schools. A percentage breakup of the donations in **2015-16** is as follows:



% Breakup of Donations for Education & Training

- 9% Education of Physically/ Mentally Impaired
- 37% Student Scholarships
- 1% Learning Skills Development
- 6% Teaching Fellowships
- 47% New Schools



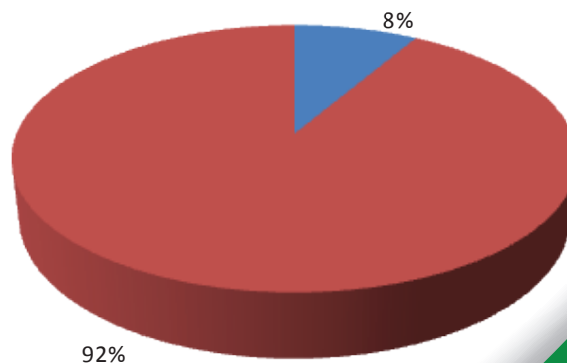


Entrepreneurship

i-Care Foundation is focused on the importance of skill development and **entrepreneurship** in an emerging economy like Pakistan's. We disbursed **PKR 42,542,374** from **2014 to 2016** for this purpose. This amount was able to directly impact **2,026** people all over Pakistan. To further i-Care's reach in positively impacting entrepreneurship, i-Care Foundation has developed partnerships with leading microfinance organizations, such as **Kashf Foundation** and **HEWT**. Furthermore, i-Care works with **GEAR** which works through providing interest free loans or equipment to the borrower with the ultimate goal of poverty alleviation. A percentage breakup of the donations in **2015-16** is as follows:

% Breakup of Donations for Entrepreneurship

8% Microfinance Loans
92% Skill Development & Entrepreneurship



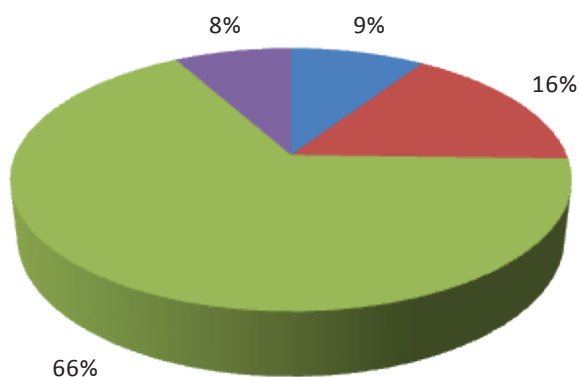
Social Safety Nets

The total amount disbursed for expansions and maintenance of **Social safety nets** was **PKR 10,861,919** from **2014 to 2016**. Through this, **4,242** people were able to have access to free drug rehabilitation. Additionally, battered and abused women were able to find safety and security in shelters. To increase i-Care's impact in this space, i-Care has partnered with the **Women Empowerment Group** to champion the cause of breast cancer awareness and violence against women. The i-Care Foundation also supports **War Against Rape** to ensure victims are aware of their rights and receive justice. A percentage breakup of the donations in **2015-16** is as follows:



% Breakup of Donations for Social Safety Nets

- 9% Drug Prevention and Rehabilitation
- 16% Women & Children Protection
- 66% Community Development
- 8% Physically Handicapped





i-Care's Professional Education Fund in Partnership with the Professional Education Foundation

There are thousands of bright students in Pakistan who, despite excelling in their academic fields, are unable to pursue a higher education due to financial constraints. They cruelly have to lose their seats at universities. Around 7,000 students miss out on receiving higher education despite getting admission in notable public universities. In response to this affliction, we are pleased to announce that The i-Care Foundation has launched a professional education fund in partnership with the Professional Education Foundation to harness and utilize the untapped potential of the youth of Pakistan. This fund will financially assist meritorious students who are unable to afford higher education, thus awards are regardless of cast, creed, gender and religion.

Since commencement of the partnership earlier this year, a total of **PKR 8.16 million** was disbursed to sponsor **139** students for studying at the public institutions of higher education across Pakistan. We are grateful to our sponsors who have responded enthusiastically to our first ever appeal namely All Physicians of the Pakistani Descent of North America (APPNA), Momin Adamjee Welfare Trust, Safeway Fund Limited, and individual philanthropists from home and abroad.

For further details:

Contact: info@i-care-pakistan.org

Support i-Care approved charities of your choice and fulfill your philanthropic goals!

1) AAHUNG	29) Dream Foundation	development Company
2) AAS Trust	30) Drug Free Pakistan Foundation	56) Pakistan Human Development Fund
3) Achievement Plus Trust	31) Educational Fund - Fazal Mehmood	57) Pakistan Youth Alliance
4) Acumen Fund	32) Family Educational Services Foundation	58) PANAH Shelter homes
5) Afzaal Memorial Thalassemia Foundation	33) Fatimid Foundation	59) Patients' Aid Foundation, Jinnah Hospital
6) Aga Khan Planning and Building Services	34) Generating Employment Alternatives for Self Reliance	60) Patients' Behbud Society
7) Al Mehrab Tibbi Imdad	35) Green Crescent Trust	61) Poor Patients Aid Society, Civil Hospital
8) Al-Murtaza Education and Social Welfare Organization	36) Health and Nutrition Development Society	62) Professional Education Foundation
9) Al-Umeed Rehabilitation Association	37) Health Oriented Preventive Education	63) Rashid Memorial Welfare Organization
10) Ali Hasan Mangi Trust	38) Heart File	64) READ Foundation
11) Aman Foundation	39) Indus Earth Trust	65) Sargodhian Spirit Trust
12) Aman Health Care Services	40) Institute of Business Administration, Khi	66) SEED Pakistan
13) Aman Tech	41) Karachi Relief Trust	67) Shaukat Khanum Memorial Trust
14) APPNA Projects	42) Karwan-e-Hayat	68) Sindh Institute of Urology and Transplantation
15) Arthritis Care Foundation	43) KASHF Foundation	69) SOS Children's Village
16) Bait-ul-Sukoon Cancer Hospital	44) Kiran Foundation	70) Subh-e-Nau
17) Basic Needs Pakistan	45) Kohatians Foundation	71) Tameer-e-Millat Foundation
18) Beaconhouse National University	46) Layton Rahmatulla Benevolent Trust	72) Teach for Pakistan
19) Brig. Sahib Dad Khan Welfare Trust	47) Mahvash and Jahangir Siddiqui Foundation	73) The Cancer Foundation
20) Cadet College Hasan Abdal	48) Marie Adelaide Leprosy Centre	74) The Citizens Foundation
21) Centre for Development of Social Services	49) MIT Enterprise Forum of Pakistan	75) The Education Enrichment Foundation
22) Charity Support Trust	50) MOAWIN FOUNDATION	76) The Hunar Foundation
23) Child Aid Association	51) Murshid Hospital	77) The Kidney Centre
24) Child Life Foundation	52) Oxford and Cambridge Society Karachi Educational Trust	78) Vision Foundation
25) Citizen Education Development Foundation	53) Pakistan Association for Mental Health	79) War against Rape
26) Dairy and Rural Development Foundation	54) Pakistan Association of the Deaf	80) Women and Children Medical Care Trust Hospital
27) Dar-ul-Sukun	55) Pakistan Chemical And Energy Sector Skill	81) Women's Empowerment Group
28) Dawood Global Foundation		

Information regarding Donations:

For Donors in Pakistan:

For Zakat: Write a check in favour of "The i-Care Foundation" and deposit it at any branch of Habib Metro Bank A/C # 20301-101654-90.

For other donations: Write a check in favour of "The i-Care Foundation" and deposit it at any branch of Standard Chartered Bank A/C # 08-5596920-01

It is requested that donors should fill the "Donor Advisory Form" by visiting the following link:

<http://i-Care-pakistan.org/donation?general-donation=1>

or send us their advice on info@i-Care-pakistan.org

The i-Care Foundation

F-192/1, Park Lane, Block 5, Clifton, Karachi Pakistan

Tel: (92) 213-583-2041-2

Email: info@i-care-pakistan.org

Website: www.i-care-pakistan.org

For Donors in the US & other countries:

Via check: Write a check in favour of "The i-Care Fund America"

Indicate the charity to which you want to make a donation in the field 'for' at the bottom of the check.

Deposit it in the nearest branch of Bank of America (**Account Number: 4636612240**) or send us your cheque to The i-Care Fund America Inc., 139 Charles Street, Suite # 348, Boston, MA 02114, USA

It is required for donors to fill the "Donor Advisory Form" by visiting the following link:

<http://www.i-Care-america.org/donation-2/?general-donation=1>

Through remittance :

Bank: Bank of America

Branch Address: Charles River Park, 161 Cambridge Street, Boston MA 02114

Account Number: 4636612240

ABA Routing Number: 011000138

Swift Code: BOFAUS3N

WIRE TRANSFER: 026009593

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